WHAT IS CLAIMED:

comprising:

A computer implemented method of processing a computer telephony call,

deferring execution of background processes; and

processing a computer telephony call.

2. The method of claim , wherein deferring execution of background processes is performed when a computer telephony application is executed.

3. The method of claim 1, wherein deferring execution of background processes is performed before making or receiving a computer telephony call.

4. The method of claim 1, wherein deferring execution of background processes is performed during the computer telephony call.

5. The method of claim 1, wherein deferring execution of background processes includes:

accessing an inhibit list that lists background processes; and deferring execution of the background processes on the inhibit list.

- 6. The method of claim 5, wherein the inhibit list includes information regarding deferring execution of each background process on the inhibit list.
- 7. The method of claim 1, further comprising enabling execution of background processes if there have not been any computer telephony calls for a predetermined time.
- 8. The method of claim 7, wherein enabling execution of background processes includes:

accessing an uninhibit list that lists background processes; and enabling execution of the background processes on the inhibit list.

9. The method of claim 8, wherein the uninhibit list includes information regarding enabling execution of each background process on the uninhibit list.

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- 11. The method of claim 10, displaying the log to a user for analysis.
- 12. The method of claim 10, further comprising:

identifying a background process or the log; and

adding the background process to the background processes that will have their execution deferred.

- 13. The method of claim 1, further comprising:
 enabling execution of background processes if there have not been any computer
 telephony calls for a predetermined time.
- 14. The method of claim 13, wherein deferring execution of background processes is performed when a computer telephony application is executed.
- 15. The method of claim 13, wherein deferring execution of background processes is performed before making or receiving a computer telephony call.
- 16. The method of claim 13, wherein deferring execution of background processes is performed during the computer telephony call.

17. The method of claim 13, wherein deferring execution of background processes includes:

accessing an inhibit list that lists background processes; and

deferring execution of the background processes on the inhibit list.

- 18. The method of claim 17, wherein the inhibit list includes information regarding deferring execution of each background process on the inhibit list.
- 19. The method of claim 13, wherein enabling execution of background processes includes:

accessing an uninhibit list that lists background processes; and

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enabling execution of the background processes on the inhibit list.

- 20. The method of claim 19, wherein the uninhibit list includes information regarding enabling execution of each background process on the uninhibit list.
- 21. The method of claim 13, generating a log of background processes that

 5 execute during computer telephony calls.
 - 22. The method of claim 21, displaying the log to a user for analysis.
 - 23. The method of claim 22/ further comprising:

identifying a background process on the log; and

adding the background process to the background processes that will have their

execution deferred.

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A computer program product that processes a computer telephony call, comprising:

computer code that defers execution of background processes;

computer code that processes a computer telephony call; and

a computer readable medium that stores the computer codes.

25. The computer program product of claim 24, wherein the computer readable medium is a CD-ROM, floopy disk, tape, flash memory, system memory, hard drive, or a data signal embodied in a carrier wave.

26. A system comprising:

a processor; and a computer readable medium storing a computer program including computer code that defers execution of background processes; and computer code that processes a computer telephony call.

27. The system of claim 26, wherein the computer readable medium is a CD-ROM, floppy disk, tape, flash memory, system memory, hard drive, or a data signal embodied in a carrier wave.